

Espresso

	Tall	Grande	Venti
FRESH BREWED COFFEE	1.95 5 cal	2.25 10 cal	2.45 15 cal
CAFFE MISTO	2.55 80 cal	2.85 110 cal	3.05 130 cal
TEAVANA CHAI LATTE	3.45 150 cal	4.15 200 cal	4.45 250 cal
TEAVANA HOT BREWED	2.25 0 cal	2.45 0 cal	2.65 0 cal
ICE COFFEE	2.45 60 cal	2.75 80 cal	2.95 130 cal
COLD BREW ICE COFFEE	2.45 0 cal	2.75 5 cal	2.95 5 cal
TEAVANA ICED TEA	2.75 0 cal	3.25 0 cal	3.75 0 cal
TEAVANA ICED CHAI LATTE	3.45 150 cal	4.15 200 cal	4.45 250 cal
HOT CHOCOLATE	2.75 290 cal	3.25 370 cal	3.45 460 cal
WHITE HOT CHOCOLATE	3.25 280 cal	3.75 370 cal	3.95 470 cal
STEAMER	2.75 200 cal	3.25 270 cal	3.45 340 cal

Extras

FLAVOR SHOT \$0.50 20 cal

ADD ESPRESSO SHOT \$0.80 5 cal

SOY MILK \$0.60 25 cal

COCONUT MILK \$0.60

ALMOND MILK \$0.60

Espresso

	Tall	Grande	Venti
CAFFE LATTE	3.25 150 cal	3.95 190 cal	4.25 250 cal
VANILLA LATTE	3.75 200 cal	4.45 250 cal	4.75 320 cal
CAPPUCCINO	3.25 90 cal	3.95 120 cal	4.25 150 cal
CARMEL MACHIATO	3.95 190 cal	4.65 250 cal	4.95 310 cal
CAFE MOCHA	3.75 290 cal	4.45 360 cal	4.75 450 cal
WHITE CHOC. MOCHA	3.95 340 cal	4.65 430 cal	4.95 530 cal
CAFE AMERICANO	2.25 10 cal	2.95 15 cal	3.25 25 cal
ESPRESSO	<u>Solo</u> 1.25 5 cal <u>Double</u> 1.75 10 cal		
ESPRESSO CON PANNA	<u>Solo</u> 1.85 30 cal <u>Double</u> 2.05 60 cal		
ESPRESSO MACCHIATO	<u>Solo</u> 1.85 10 cal <u>Double</u> 2.05 20 cal		

Frappuccino

COFFEE	3.45 180 cal	3.95 240 cal	4.75 350 cal
CARAMEL	3.95 300 cal	4.75 410 cal	5.25 510 cal
MOCHA	3.95 290 cal	4.75 410 cal	5.25 520 cal
WHITE CHOC MOCHA	3.95 320 cal	4.75 440 cal	5.25 550 cal
JAVA CHIP	3.95 340 cal	4.75 470 cal	5.25 600 cal
CRÈME (coffee free)			
VANILLA BEAN	3.45 280 cal	3.95 400 cal	4.45 490 cal
STRAWBERRY & CRÈME	3.95 270 cal	4.75 370 cal	5.25 460 cal
WHITE CHOC CRÈME	3.95 280 cal	4.75 390 cal	5.25 490 cal
DOUBLE CHOC CHIP	3.95 310 cal	4.75 420 cal	5.25 540 cal



FRESH FRUIT SMOOTHIES
16 oz. \$3.95

**SMOOTHIE WITH
PROTIEN BOOST**
16 oz. \$4.50

DAILY SPECIALS
Espresso
Sawyer
\$1.10

Cappuccino
Nadia
\$1.50

BREAKFAST BREADS & PASTRIES

TOAST (2)	.80	CINNAMON ROLL	1.60
BAGEL	1.25	DANISH/COFFEE CAKE	1.50
BAGEL W/ CC OR BP	1.50	TURNOVER	1.60
ENGLISH MUFFIN	.80	DONUT	.85
CROISSANT	1.00	TEA BREAD	1.95
TULIP MUFFIN	1.60	CEREAL CUP	1.65
SCONE	1.60		

DESSERTS

COOKIE	1.10	BLONDIE BAR	1.50
SIGNATURE COOKIE	1.75	WHOOPIE PIE	1.50
PIE SLICE	1.50		
BROWNIE	1.50		
RICE KRISPIE	1.50		

GRAB 'N GO / TO GO CUPS

YOGURT PARFAIT w/granola	2.75	PRETZELS & HONEY MUSTARD	1.50
PUDDING PARFAIT	1.95	VEGGIES & RANCH	2.75
YOGURT CUP	1.30	CHEESE & CRACKERS	2.75
GREEK YOGURT CUP	2.65	FRESH FRUIT	.80
MORNING GLORY	2.25		
EGGS (2)	1.95		
FRUIT CUP	2.75		
HUMMUS CUP	3.25		



GRAB 'N GO SNACKS

NUGO BARS	2.95	VERMINTS	2.95
HEALTHY LIFE NUTS	3.99	KIND BAR	2.85
HEALTHY LIFE CANDY	3.99	BELVITA	1.75
HEALTHY LIFE MIXES	3.49	NUTTER BUTTER	1.50
HOME FREE COOKIE	1.25	OREOS	1.50
GHIRARDELLI BITE	0.70	HALLS	1.65
100 CALORIE SNACKS	1.25	DENTYNE GUM	1.75
SNACKWELLS	1.50		

all natural FRUIT SMOOTHIES

with chemical free protein boosts

Strawberry Banana

Banana, Plain Yogurt, & Strawberry
protein boost: Quinoa

Mango Spinach

Banana, Plain Yogurt, Mango, Baby Spinach
protein boost: Chia Seeds

Green Monster

Banana, Plain Yogurt, Pineapple, Baby Spinach
protein boost: Chia Seeds

Chocolate Covered Strawberry

Banana, Plain Yogurt, Strawberry, Chocolate Chips



fruit smoothie:

\$3.95

with protein boost:

\$4.50



Corporate Chefs, Inc.